

2023 University of Rochester Men's Cross Country Individual Results

<u>NAME</u>	<u>YR.</u>	Houghton Highlander Short Course (4K) 9/1/2023 Houghton, NY	University of Rochester Yellowjacket Invitational 9/16/2023 Rochester, NY	Lehigh University Paul Short Run 9/30/2023 Bethlehem, PA	SUNY Geneseo Mike Woods Invitational 10/14/2023 Geneseo, NY	UAA Championships 10/28/2023 Hunting Valley, OH	NCAA Niagara Regional 11/11/2023 Houghton, NY	NCAA Division III Championship 11/18/2023 Newville, PA
James Catania	JR	-	58 - 27:07.1	-	-	-	-	-
Skye Crocker	JR	-	143 - 29:05.5	*335 - 28:18.8	211 - 27:09.5	75 - 28:59.1	-	-
William Eskenas	FY	78 - 13:49.63	173 - 29:59.0	*453 - 30:35.6	327 - 29:37.9	-	-	-
Daniel Ford	SR	19 - 12:39.97	91 - 27:44.4	261 - 27:44.1	164 - 26:24.1	46 - 26:43.7	58 - 26:06.7	-
Andy Freeman	JR	26 - 12:46.34	84 - 27:34.7	285 - 27:55.9	183 - 26:38.0	71 - 27:56.9	-	-
Nick Gaitanis	SR	14 - 12:28.41	34 - 26:32.2	198 - 27:09.5	127 - 25:58.1	51 - 26:46.5	63 - 26:13.3	-
Drew Garringer	FY	51 - 13:25.47	120 - 28:29.5	-	212 - 27:10.0	-	-	-
Nolan Goldthwaite	SO	-	95 - 27:49.1	322 - 28:18.3	174 - 26:30.0	72 - 28:26.2	-	-
Sean Hendricks	JR	4 - 12:10.54	73 - 27:24.9	241 - 27:31.6	71 - 25:20.9	67 - 27:31.4	23 - 25:19.5	-
Brendan McCollum	SO	30 - 12:55.14	62 - 27:11.4	228 - 27:24.0	141 - 26:05.7	69 - 27:43.7	53 - 25:59.5	-
Jesse Rinzel	FY	-	139 - 29:05.0	*359 - 28:35.9	258 - 27:52.4	-	-	-
Richard Santarosa	JR	53 - 13:27.35	108 - 28:06.3	352 - 28:55.7	233 - 27:36.4	-	-	-
Andrew Scheible	FY	33 - 12:58.80	121 - 28:33.0	*435 - 30:05.0	269 - 28:05.0	-	-	-
Gus Smith	FY	62 - 13:32.90	144 - 29:06.1	*418 - 29:33.0	291 - 28:28.9	-	-	-
Zach Spergel	SR	9 - 12:21.41	60 - 27:09.4	165 - 26:46.1	95 - 25:37.1	33 - 26:19.0	12 - 24:48.1	177 - 26:10.9
Jonathan Sullo	JR	21 - 12:42.20	41 - 26:42.1	226 - 27:23.3	150 - 26:13.1	49 - 26:45.5	75 - 26:41.6	-
Christian Voloshen	SR	-	171 - 29:57.9	*437 - 30:09.4	-	-	-	-
Sam Yacob	FY	66 - 13:40.00	182 - 30:14.9	*462 - 30:47.9	318 - 29:15.2	-	-	-
Vishal Yalamanchili	JR	13 - 12:25.74	39 - 26:40.9	104 - 26:16.0	54 - 25:07.7	42 - 26:37.6	18 - 25:07.7	-

Total Entries 110 256 409 376 77 176 294

* - 500 (Open)

2023 Team Results

<u>Date</u>	<u>Meet</u>	<u>Location</u>	<u>Result</u>	<u>Points</u>
September 1, 2023	Houghton Highlander Short Course	Houghton, NY	2nd of 10	54
September 16, 2023	UR Yellowjacket Invitational	Rochester, NY	5th of 20	173
September 30, 2023	Lehigh University Paul Short Run	Bethlehem, PA	33rd of 47	890
October 14, 2023	SUNY Geneseo Mike Woods Invitational	Geneseo, NY	11th of 25	370
October 28, 2023	UAA Championships	Hunting Valley, OH	7th of 8	197
November 11, 2023	NCAA Niagara Regional	Houghton, NY	5th of 25	162
November 18, 2023	NCAA Division III Championship	Newville, PA	1 Individual	